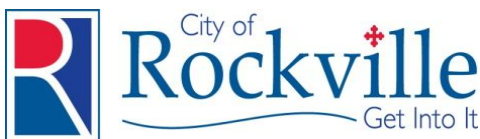


Celebrate Recreation and Parks Month

July 2014

- July 1 Sign your kids up for the **Twinbrook Summer Literature Club**, which runs from June 30-July 25. Children in grades 1-5 will explore the wonderful world of reading. The club meets weekdays from 1-4 p.m. at **Twinbrook Community Recreation Center**. Also today is a **Summer Safety Seminar for Seniors** which will cover topics such as hydration, nutrition, sun exposure symptoms and basic first aid for heat stroke, heat exhaustion, stroke and heart attack. FREE!
- July 2 It's not too late to sign your kids up for a **Rockville Summer Playground**. With ten locations around the City, this 6 week program is perfect for encouraging kids to "Get Outside and Play" this summer.
- July 3 **Teens on the Go** are headed to Splashdown Water Park today. With a different adventure every day, your teen is sure to have fun and make new friends.
- July 4 **Independence Day!** The celebration is at Montgomery College and starts at 7 p.m. with two bands on two stages. Fireworks start at 9:15 p.m.!
- July 5 Restock your veggies at the **growers only Farmer's Market**. The market is open from 9 a.m. to 1 p.m. at the corner of Rt. 28 and Monroe Street in the juror's parking lot.
- July 6 After a few days of July 4th picnicking it's time to hit the gym at **Lincoln Park Community Center**. Perhaps a little elliptical while watching your favorite show on one of the flat screen TVs?
- July 7 There is a **Summer Camp** for every child! Many new camps begin today. Let us ROCK YOUR SUMMER!
- July 8 Take a walk through **Rockville Civic Center Park** to enjoy nature and Sculpture on the Grounds.
- July 9 See a **Rockville a Men's Softball League game** tonight at Broome Athletic Park (weather permitting).
- July 10 **Free for All in the Parks!** Bumper Jackson's performs their fun music at the Rockville Senior Center at 2 p.m. Bring a lawn chair, something to nibble on and enjoy.
- July 11 **"The Music Man" opens at the F. Scott Fitzgerald Theatre**. See Rockville Musical Theatre perform this classic musical.
- July 12 Jump on your bike for **Kidical Mass Family Ride** at Rockville Swim and Fitness Center. We'll be riding through the surrounding area on a 2-4 mile, lower speed bike ride.
- July 13 Explore the **Glenview Mansion Art Gallery** showing of Han-Mee Artists. Enjoy photography, painting and sculpture in this varied media art show.
- July 14 Amusement park bound this summer? Stop in at City Hall, Thomas Farm or Twinbrook Community Center first to get Rockville's **discounted amusement park tickets**.
- July 15 Play badminton? Join others at **Thomas Farm Community Center's open badminton** at 7 p.m.
- July 16 Seniors, are you looking for a new vehicle? Today at the **Rockville Senior Center** you can learn how to get through the process with ease. Call for a seat in the class.



- Jul 17 D's Magic Show performs at 7:30 p.m. for our **Free for All in the Parks**. Bring your family, friends and a blanket to **Isreal Park (behind Lincoln Park Community Center)** to enjoy this show under the stars.
- Jul 18 Watch **a movie outside on the BIG screen** at this family event taking place at **Isreal Park (behind Lincoln Park CC)** beginning at 8:30 p.m.
- July 19 **Rockville Rotary Twilight Runfest** and Block Party is tonight! Join the 8K race, 1 mile Fun Run or 2 mile Family Fitness Walk and end the evening listening to "Sons of Pirates." Musical groups perform along the route to keep you entertained as you run or walk.
- July 20 Bring your bike to Thomas Farm Community Center and **Ride the Rockville Millennium Trail** at 10 a.m.
- July 21 Today is a great day for a swim! Come to **Rockville Swim and Fitness Center** to play in our spraygrounds and swim in our pools.
- July 22 Volleyball time! **Twinbrook Community Recreation Center** has open play at 6:30 p.m. Join the fun and make new friends.
- July 24 James Mabry plays the Blues at Calvin Park at 7:30 p.m. for our **Free for All in the Parks** program. Grab your blanket and enjoy the summer night.
- July 25 Register for **Rockville's Adult Tennis Tournament** which takes place Aug 1 – 3. Today is the deadline to register.
- July 26 Go to **Rockville Farmers Market** this morning. The tomatoes and zucchini are looking great! Need some flowers or baked goods? They have a variety available.
- July 27 Celebrate honeybees at **Croydon Creek Nature Center** at 1:30 p.m. A beekeeper will tell us all about honeybees!
- July 28 Grab your skateboard and ride the quarter pipes at **Rockville Skate Park** today! The Skate Park is open daily from 9 a.m. to 10 p.m.
- July 29 Enjoy an entertaining, fun and social morning at the Senior Center **Bocce Ball Tournament**. Open to everyone. Play is from 9:30-11 AM
- July 30 If you had registered for a **Yoga class** you could be practicing Downward Dog right now. Classes are held at many of the Community Centers in Rockville.
- July 31 Anyone want to play a round at **RedGate Golf Course**? Shall we get a cart or walk it?

Learn more about what Rockville's Recreation and Parks Department offers at www.rockvillemd.gov/recreation or by calling 240-314-8620.

